



"A voice for skin care in Wales"

"Llais I ofal croen yng Nghymru"

Cross Party Group on Skin Meeting

Wednesday 11 October 2017

18:00 – 19:30

Conference Room A, Ground Floor of Ty Hywel, Cardiff Bay

Chaired by AM- David Melding

Meeting Minutes

Attendees:

1. David Melding AM, Chair
2. Rob Vine, Skin Care Cymru
3. Julie Peconi, Skin Care Cymru
4. Paul Thomas, Chair Skin Care Cymru
5. Jenny Hughes, Consultant dermatologist and Chair All Wales Dermatology Forum
6. Lisa Jones, Cardiff and Vale UHB
7. Girish Patel, Consultant dermatologist
8. Avad Mughal, Consultant dermatologist
9. Rebecca Andrews, Welsh Government
10. Deb Vine, Skin Care Cymru
11. Rachel Abbot, Consultant Dermatologist
12. Beverly Gamble, British Skin Camouflage
13. Liz Allen, British Skin Camouflage
14. Ann Davies, Cardiff and Vale UHB
15. Sharon Hulley, Cardiff and Vale UHB

16. Katie Wellings, Skin Health Swansea Bay Patient' s Panel
17. Sarah Wheeler, Skin Health Swansea Bay Patient' s Panel
18. Lisa Mansell, Calm Beauty
19. Gail Grant, Abvie
20. Caroline Mills, Consultant Dermatologist, Chair of Planned Care Group
21. Maura Matthews, Tenovus
22. Christine Bundy, Professor Cardiff University

Apologies:

Sam Bakri, Karen Barker, Rose Bell, Louisa Dallas, Andrew Davies, Vaughn Gething, Sarah Griffiths-Little, Keith Harding, Dave Hill, Glenda Hill, Kathryn Humphreys, Sarah Jones, Hamish Laing, Peter Lewis, Valerie Loftus, Richard Logan, Claire Mather, Rob Maule, Max Murison, Simon Oates, Richard Oliver, James Partridge, Diana Perry, Nick Ramsay, Sarah Sinstead, Henrietta Spalding, Mayda Thomas, Dominic Urmston, Ann Vosper, Sarah Wright.

1. Welcome, introductions, apologies

David Meldings, AM, introduced himself and gave apologies for Nick Ramsay, who was unable to attend at the last minute. David agreed to chair the meeting on behalf of Nick.

Julie explained that Vaughn Gething had been due to attend but the day before had sent his apologies and that by the time she had been informed, it was too late for him to send a delegate on his behalf.

Everyone introduced themselves.

2. Update on dermatology services in Hywel Dda University Health Board- Dr Julie Peconi on behalf of Hywel Dda UHB

Julie gave an update on dermatology services in Hywel Dda UHB on behalf of Karen Barker, Service Delivery Manager (Scheduled Care), who also couldn' t attend at the last minute. Julie explained that she had put together a presentation based on a briefing document that Karen had sent over that day.

Hywel Dda has historically failed to recruit and retain Consultant Dermatologists and there has been a severe shortage of Consultant and Middle Grade doctors to deliver dermatology. The Health Board is continuing to advertise for a Consultant Dermatologist on an intermittent basis but have received no applications to date. This however, is symptomatic of the national shortage of dermatologists across the UK.

The Health Board has however, been successful in recruiting three Speciality Doctors in August and October 2016. Recruitment to the nursing team has also been successful.

They have implemented several other actions to allow for continued delivery of dermatology. Some of these actions implemented include:

- Joint working with ABMUHB to include support for grading of referrals, MDT support for complex cases
- Electronic referrals
- Teledermatology
- Working with existing GPsIs who are fully integrated members of the team
- MacMillan Clinical Nurse Specialists continue to support the skin cancer pathways
- Planned collaboration with ABMU through the ARCH programme

The HB is supported by work of Welsh Dermatology Board via the National Planned Care Programme and has been asked to present at the next national meeting to inform on the way in which the service works with its primary care colleagues.

Julie finished the brief presentation with a direct quote from Hywel Dda UHB:

"Whilst the service has the potential to attract criticism and scrutiny due to the fact that there is no substantive Consultant in post, the recent recruitment of the Speciality Doctors, combined with the other arrangements put in place and the ongoing hard work of the team, has improved the immediate performance and sustainability of the service."

A brief discussion followed with questions focusing on what support the nurses were currently receiving as it is believed that there is no support in certain areas. Regarding recruitment, it was asked if there was a misconception that Welsh was needed for the post? Also, could Hywel Dda offer a premium or boost in salary to make the post more attractive. It was believed that this was possible and that extra money could be offered and has been in the past, but has not been done for the most recent advertisements. It

was also suggested that rather than look for a single consultant role as this was a lot of responsibility for one individual Hywel Dda could look to build the team. In England they' ve developed a hub and spoke model- could this work as a hub?

3. Update on the Planned Care Programme –Dr Caroline Mills, Chair of Welsh Dermatology Board

Caroline gave the group an update on the Planned Care Programme (PCP) which sets to help deliver a sustainable dermatology service for Wales and improve patient experience through the National Dermatology Implementation Plan. The Plan had previously been circulated.

The actions addressed by the Plan include PREMS (patient reported experience measures); value and efficiency; telemedicine and cancer. The plan also recognises variation and good practice across Wales.

The key issues identified by the Planned Care Programme are the need to address demand, capacity and activity. Currently there is no outpatient coding and no way of tracking outpatient referrals. There is a need to understand why individual data doesn' t marry up to national data.

Currently it is felt that no one has a grasp of the data and there is no consistent approach to data collection in Wales. Caroline concluded with some of the challenges the PCP is facing including the sustainability of services, manpower and informatics while noting that some actions are easier than others to deliver. There is a need to urgently define our demand, capacity and activity and only then can we put appropriate plans together to improve patient care.

The discussion afterwards focused on how the Cross Party Group could help the situation by bringing the action of improving data collection in dermatology to the attention of the AMs. David stressed we need to ask the question what can the AMs do?

It was noted that there was no psychosocial support for dermatology patients in the Implementation Plan and again that there was a lack of understanding on the need for this as data collection is lacking. It was suggested the Skin Care Cymru may be able to help the PCP with evaluating data collection.

Action: Skin Care Cymru and the Planned Care Group to meet to discuss how Skin Care Cymru can support the Planned Care Programme particularly with data collection standards.

4. Skin cancer prevention activities across Wales. - Dr Rachel Abbott, Consultant Dermatologist and Skin Cancer Lead, CAVUHB, Skcin Ambassador and Member of British Association of Dermatology

Dr Abbot gave a brief update on skin cancer prevention in Wales since the last CPG. She highlighted the fact that 50% of a dermatologist's workload is skin cancer and this takes up a great deal of resources. Again data collection and accurate reporting are issues as we are currently recording less than 50% of squamous cell cancers excised.

She stressed that for melanoma skin cancer in the UK 86% were preventable cases and that prevention would have saved 128 lives in 2014 in Wales.

A recent systematic review 'to estimate the burden of melanoma resulting from sunbed use in Western Europe' concluded that 'sunbed use is associated with a significant increase in risk of melanoma' and that 'the cancerous damage associated with sunbed use is substantial and could be avoided by strict regulations.'

Sunbeds currently aren't licensed and this is something that we can all bring to the attention of our AMs. The message of the dangers of sun beds isn't currently getting through to teenage girls. There is a need for education at the age of nursery level so that skin cancer prevention activities are ingrained in the children.

Action: All to explore bringing sunbed use and the dangers of sunbeds to the attention of AMs.

She outlined the many organisations undertaking campaigns promoting sun protection (including the British Association of Dermatologists 'Be Sun Aware Roadshow' & 'Sun Awareness week' in May and campaigns from the charities Skcin and SunSmart and Skin Care Cymru's Don't be a Lobster). She stressed the need for better co-ordination of skin cancer prevention activities across Wales and how this is now being undertaken by Public Health Wales.

In particular, Skin Cancer Prevention in Wales – Proposals included:

- Further legislation to reduce sun bed use
- Optimise sun safety within Healthy Schools/ Healthy Workplaces schemes
- PH Wales to co-ordinate third sector activity, together with health boards and local councils
- Research into primary prevention of skin cancer in Wales

- Complete registration of all skin cancers

5. Discussion on Dermatology in Wales including solutions for recruitment and retention of dermatologists and data collection- All

This has been a standing issue on the CPG agenda- the inability to recruit and retain Dermatology consultants in Wales, particularly West Wales who currently have no consultants in post. There are currently 150 vacancies at consultant level across the UK with approximately 38 of these vacant posts in Wales. There was a strong discussion on methods to increase recruitment and retention with several ideas put forward.

One of the main concerns is there are not many trainees coming off the training programme with no intention to increase the number of students on the programme. One option that was put forward was the possibility of clinical fellows being sourced in Wales offering alternative pathways to train as a Dermatology consultant. The creation of Clinical Fellow posts across Wales was discussed. We can train GPs outside the regular training programme which is currently being done in Norwich. This would help workload greatly.

It was also discussed that there was a need for greater support of trainees. How can we better support them?

The All Wales Dermatology Group will look into these and there is an opportunity for recommendations to be made in the Dermatology Implementation Plan. It is critical we keep up these discussions.

6. AOB

There was only time for a brief discussion for AOB agenda items but four items were raised:

Oral / Maxillo-Facial Surgery in Cardiff

Dr Jenny Hughes spoke about this clinic and the great work that it had been doing. There has been discussion that the clinic may be in danger of closing and she would like to campaign to keep this open.

Action: Skin Care Cymru to write a letter of support in keeping the clinic open.

The British Association of Skin Camouflage (BASC)

"It has come to the BASC's attention that some products on the Advisory Committee on Borderline Substances' (ACBS) list are being blacklisted by some Clinical Commissioning Groups (CCGs) in England. It would appear that such decisions are made locally, and do not have any basis in law. Whilst one can appreciate cut-backs are necessary, does this Committee consider this is the tip of the iceberg and that within a few years, ALL ACBS will be blacklisted within Wales?"

The BASC has raised this with the BAD Patient Support Group meeting and the Dermatology Council for England meeting (May 2017) and both those authorities are now asking the question too. They have also had this subject accepted by the MHRA for debate at the annual meeting in London (10.10.17) to which Liz Allen is attending. It may be that Wales will agree a different agenda to that of Scotland, Northern Ireland and England, or fall in with them in order to make financial savings within the NHS.

BASC have concern for the skin camouflage brands currently ACBS listed as well as items such as sun protection, wigs (alopecia) as well as medical tattooing (especially for alopecia and post skin cancer/graft and burn injuries). Such items may not be expensive, and most certainly are not "life saving" drugs, but they do go a long way to give people back their life and self-esteem and a confidence to face the world.

Action: Liz Allen from BACS has asked for this to be an agenda item on the next CPG.

Psoriasis Association

The Psoriasis Association is currently carrying out the Psoriasis Priority Setting Partnership (PSP) – a project in which they are bringing patients, carers and clinicians together to identify unanswered questions about psoriasis and treatments. They are asking people to complete a short survey (<https://www.surveymonkey.co.uk/r/Z3GJ77V>) in which they can submit their questions. These questions will be collated and the 'top ten' list decided upon at a later date. This top ten list will be used to ensure that future psoriasis research is carried out in areas that are really important to people living with the condition, their families and the healthcare professionals who treat them. More detailed information on the PSP can be found here: <https://www.psoriasis-association.org.uk/research/psp>. The Association would very much appreciate the help of the CPG in disseminating this information – making patients and colleagues

(Dermatologists, GPs, Nurses and other healthcare professionals) aware of the project and encouraging them to take the survey, as well as taking it yourselves.

As well, this year's Psoriasis Awareness Week will run from Sunday 29th October (World Psoriasis Day) until Sunday 5th November. Details are still being finalised but details will be available soon and once again, the Association would welcome any help in promoting this event to patients and colleagues. Please contact the admin team at mail@psoriasis-association.org.uk.

Skin Care Cymru's Charity Dinner and Dance

Skin Care Cymru are having their annual fundraising event at the Village Hotel in Swansea on Friday November 17. Tickets are available now and the charity would greatly welcome as many members of the CPG as possible.

David thanked the group for their time and their contribution to a lively discussion on the issues surrounding skin care in Wales. He closed by urging the CPG to think about what they could get the AMs to do.

The next meeting will be held in approximately 6 months' time.